

retirement

Golden Area For Golden Years

When it's time to start living the life you've always dreamed of, look no further than the Tampa Bay area. You'll find the best the Sunshine State has to offer: mild winters, sunny shores, a vast array of recreational activities and a cultural climate that can keep you as busy – and entertained – as you want to be!

You'll also appreciate the low cost of living you'll find here, with no personal income tax, low property taxes and lower-than-average costs for grocery items, utilities and transportation. You'll find both affordable and quality housing and health care to fit your lifestyle, too. So, whether you're looking for the right location for a family member to settle in or a great place to enjoy the golden years yourself... you'll find it in Tampa Bay.



Living On The Bayshore Retirement Living At Its Best Canterbury Tower

A Not For Profit Community

Independent Retirement Living with Life Care

CONSIDER ONE OF THE MOST
ASSURING OPTIONS AVAILABLE TO YOU.

ENJOY INDEPENDENT RETIREMENT AND LIFE CARE RETIREMENT at it's best, a wonderful and worry free lifestyle in a spacious apartment home of your choice, on the water with panoramic views of Hillsborough Bay and the Tampa skyline. A perfect setting for enjoying retired life, plus socializing with friends, family and residents.

IT'S TIME TO PAMPER YOURSELF with the retirement lifestyle you deserve. You owe it to yourself to look at what you are missing.

FOR AN ADDITIONAL INFORMATION PACKAGE ABOUT OUR APARTMENT HOMES, AMENITIES AND SERVICES please call the marketing department and be our guest for lunch and tour Canterbury Tower.



Canterbury Tower

Independent Life Care Retirement on the Bayshore

Some of our Amenities and Services Are:

- Apartment Homes
- All under one roof
- Pool/Fitness Center
- Restaurant/Plus dining
- Social Functions and Special Events
- Daily housekeeping
- Daily laundry
- All utilities
- 24-hour security
- Basic cable
- Basic telephone
- Maintenance
- Transportation
- Health Center



HILLSBOROUGH COUNTY

Elder Helpline

(813) 273-3779

This is a central telephone access number through which seniors can receive information regarding senior services. Phone numbers for the sunshine line and other referrals are also made here. www.hillsborough-county.org

Faith Dune and Associates, Inc.

P.O.Box 16040, Tampa, FL 33687

(813) 985-5295

This company offers seniors geriatric care management and legal guardianship.

Life Enrichment Senior Center

9704 North Blvd, Tampa, FL 33612

(813) 932-0241

This center provides programs designed to challenge and stimulate older people, thereby increasing their ability to remain active and productive throughout their lives. It is a private non-profit organization and also provides creative, academic and fitness classes for active adults.

Retired and Senior Volunteer

Program (RSVP)

601 E. Kennedy Blvd, Tampa, FL 33602

(813) 272-5031

This is a program for people 55 and older. They have over 200 locations. It is a program through which seniors can volunteer their time to organizations that require their skills. They also help the elderly find jobs in their areas of expertise and interest.

PINELLAS COUNTY

AARP

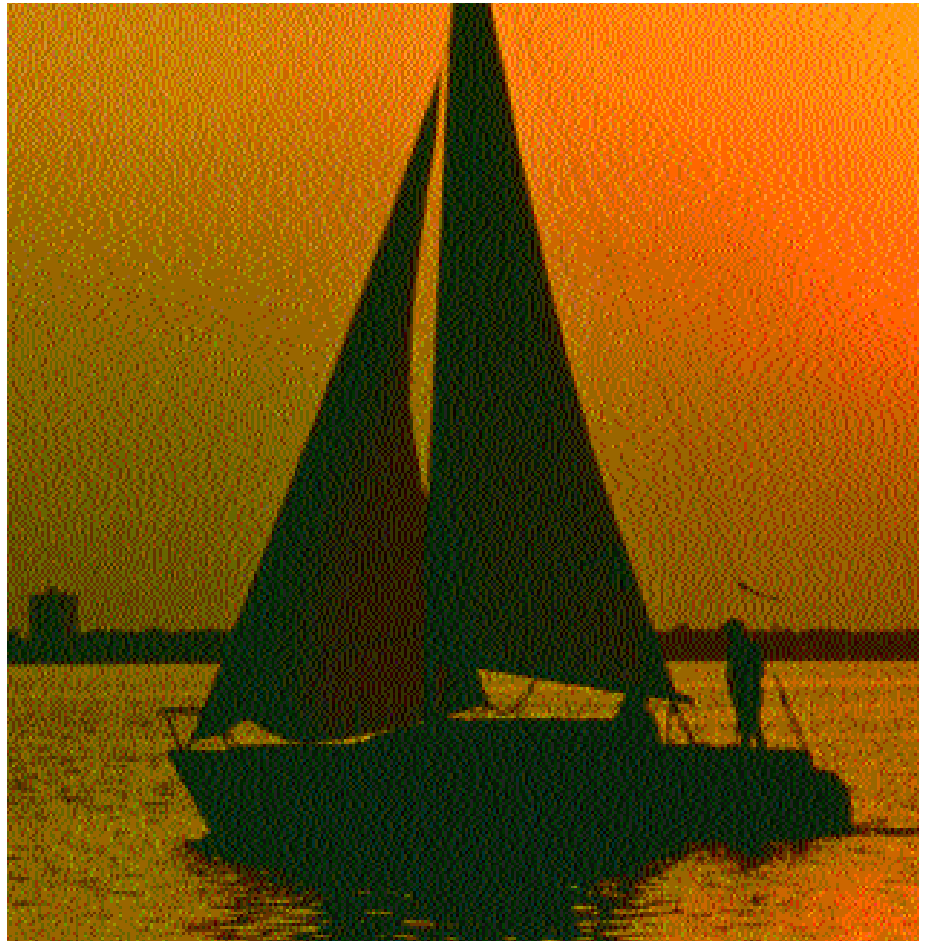
400 Carillion Parkway, Suite 100,

St. Petersburg, FL 33716

1-866-595-7678

This organization offers discounts to senior citizens. This includes discounts in health insurance, travel, cruises, car insurance and rental car discounts among others.

Neighborhood Care Network (formally



Neighborhood Senior Services)

12425 28th St., N., Suite 200,

St. Petersburg, FL 33716

(727) 573-9444

Provide day care and programs to senior citizens. Also includes Meals on Wheels, a pharmacy and a nursing home diversion program.

Pasadena Manor

1430 Pasadena Ave, S., Pasadena, FL

(727) 347-1257

This facility operates both as a nursing home for the elderly and as a rehabilitation center as well so the patients can be back on their feet as soon as possible.

Pinellas Opportunity Council, Inc.

4039 8th Ave., S.

St. Petersburg, FL 33711

Chore services (727) 327-3091

Volunteer Program (727) 327-8690

This council offers seniors 60 and older heavy household cleaning services and

lawn maintenance. Also give the opportunity to seniors to serve as volunteers.

Senior Community Service

Employment Program

330 5th Ave, N.,

St. Petersburg, FL 33701

(727) 552-1835

This program is part of the AARP and helps seniors find employment; either part-time or full time depending on their preference. Since it is funded by a federal grant, they usually help seniors 55 and up of limited financial means.

Sunshine Center/Multi-Services Senior Center

330 5th St, N,

St Petersburg, FL 33701.

(727) 893-7101

A center that provides seniors with many activities and offers crafts, pool tables and bridge, etc. Speakers make many appearances to inform the eld-

erly about organizations or programs of interest. There is also a snack bar and a dining room. A social worker is present at all times.

**SOUTH PASCO COUNTY
Pasco County Elderly Nutrition
Division**

13583 15th St, Dade City, FL 33525
(352) 521-5174

Provides meals here and at dining sites throughout Pasco County for people 60 years old and older for a donation or for free. A homebound meal program is offered to seniors that qualify and a Veterans Services and Social Services office are also located here.

Senior Community Service

Employment Program
AARP Foundation
6014 U.S. Hwy, 19, Suite 503
New Port Richie, FL 34652
(727) 848-6649

CARE OPTIONS

Bayada Nurses

877-660-7863
www.bayada.com

**Bay shore Health &
Homemaker Services , Inc.**

877-853-0044
www.bayshorehomecare.com

Daughter On Call

877-237-0930
www.daughteroncall.com

	<i>Independent living</i>	<i>Assisted living</i>	<i>Skilled nursing</i>	<i>Alzheimer's dementia Care unit</i>
1. Balmoral Senior Living Community 2960 Tampa Rd. Palm Harbor, FL 34684 727-781-8686 www.harborretirementassociates.com	•	•	•	•
2. Bellair Towers 1100 Ponce Deleon Blvd. Clearwater, FL 33756 727-581-6540	•			
3. Canterbur y Tower 3501 Bayshore Blvd. Tampa,FL 33629 813-8371083 www.canterburytower.org	•		•	
4. The Grand Cour t 4902 Bayshore Blvd. Tampa,FL 33611 877-576-2475 www.brookdaleliving.com	•	•		
5. Horizon B ay Senior Communities Pinecrest Place Retirement Community 1150 8th Ave. S.W. Largo, Florida 33770 (727) 581-8142 www.horizonbay.com	•	•	•	•
6. Jewish Towers 3001 W. Deleon St. Tampa,FL 33609 877-5245801 www.uctseniroapts.com	•			
7. Merrill Gardens at Lutz 414 Chapman Rd. E. Lutz,FL 33549 877-2642570 www.merrillgardens.com	•	•		
8. The Northshor e 939 Beach Dr. N.E. St. Petersburg, FL 33701 727-823-1571	•	•		
9. St. Joseph's John Kno x Village 4100 E. Fletcher Ave. Tampa,FL 33613 813-977-4950	•		•	•
10. Sun City Retirement Residenc e 3855 Upper Creek Drive Ruskin,FL 33573 813-633-3333 www.suncityretres.com		•		•
11. Sylvan Terrace at Regency Oaks 2751 Regency Oaks Blvd. Clearwater, FL 33759 877-900-6230	•	•	•	
12. Universit y Village 12401 N.22nd Street Tampa,FL 33612 877-354-8875 www.universityvillage.net	•	•	•	•